PE and Sport Premium Policy

Introduction

The legacy of the London Olympics 2012 saw the introduction of the Primary School PE and Sport Funding which is focused on securing additional and sustainable improvements in the provision of PE and sport for the benefit of all pupils and to encourage the development of healthy, active lifestyles.

HumberEducationTrust

Rationale

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The government is committed to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day.

Eligibility and funding

Funding is paid to academies in two instalments usually in November and May and is based on the number of pupils in Years 1-6 in January census.

How to use the PE and Sport Funding Premium

School leaders know their schools best and so they have the flexibility to use the PE and Sport Funding Premium in the way that works best for their pupils as long as this provision ***is additional and sustainable.*** As such, schools should use the funding to:

- Develop or add to the PE, physical activity and sport that is currently provided
- Build capacity and capability with the school to ensure that improvements made now will benefit pupils joining the school in future years

Schools should use the PE and Sport Premium funding to secure improvements in the following 5 priority areas:

1 Engagement of all pupils in regular physical activity, for example by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an 'active mile' initiative
- raising attainment in primary school swimming to meet requirements of the National Curriculum before the end of key stage 2. Every child should leave primary school able to swim

2 Profile of PE and sport is raised across the school as a tool for whole school improvement, for example by:

- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

3 Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example, by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches ***to work alongside teachers*** to enhance or extend current opportunities

4 Broader experience of a range of sports and activities offered to all pupils, for example by:

- introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs
- providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

5 Increased participation in competitive sport, for example by:

- increasing pupils' participation in the School Games initiative
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

Raising attainment in Primary School Swimming

Swimming is a national curriculum requirement and by the end of key stage 2, pupils are expected to be able to swim confidently and know how to be safe in and around water.

The 3 national curriculum requirements for swimming and water safety are to:

- swim competently, confidently and proficiently over a distance of at least 25m
- perform a safe self-rescue in different water based situations
- use a range of strokes effectively
- The premium can be used to fund the professional development and training that is available to schools to train staff to support high quality swimming and water safety lessons for their pupils.
- The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety - after the delivery of core swimming and water safety lessons.

Accountability and Responsibilities

Schools are accountable for the use of their PE and Sport Premium funding and are expected to spend it for the purpose it was provided only.

Online reporting

Schools must publish details of how they spent their PE and Sport Premium funding by the end of the summer term, or by 31 July, of each academic year at the latest. Online reporting must include:

- the amount of premium received
- a full breakdown of how it has been spent
- the impact the school has seen on pupils' PE, physical activity, and sport
- participation and attainment
- how the improvements will be sustainable in the future

Schools are also required to publish the percentage of pupils within their year 6 cohort in the current academic year who met the national curriculum requirement to:

- swim competently, confidently and proficiently over a distance of at least 25m
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations

Trustees are responsible for:

Holding Trust leaders to account in order to ensure the PE and Sport Premium funding Grant:

- Develops or adds to the PE, physical activity and sport that is currently provided
- Builds capacity and capability within the schools to ensure that improvements made now will benefit pupils joining the school in future years.

The CEO and Deputy CEO are responsible for:
Monitoring the allocation, implementation and impact of PE and Sport Premium spending for all schools

Local Governing Bodies are responsible for:
Agreeing and approving annual PE and Sport Premium statements;

- Ensuring the school meets its statutory responsibilities for PE and Sport funding spending, including publication on the school website.
- Refer to the scheme of delegation for supported schools as approval of PE and Sport Funding Premium spending must be given by the CEO.

Headteachers / Principals are responsible for:

- Writing annual PE and Sport Funding Statement Pupil Premium statement using suggested guidance and agreed templates
- Reviewing the PE and Sport Funding statement for the previous academic year using agreed guidance and templates
- Ensuring agreed strategies are effectively implemented and monitored so that they lead to the desired impact
- Publishing statutory information on the school's website
- Producing termly updates relating to the use and impact of funding to LGB and the Trust.

Teachers and other school staff are responsible for:

- Ensuring they have an accurate understanding of their role in the implementation of the school's PE and Sport Funding strategy and any personal or pupil barriers to achievement
- Implement the school's PE and Sport Funding strategy (as appropriate to their role)

Useful links:

DfE PE and Sport Premium guidance
https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools

Association for Physical Education – FAQs
http://www.afpe.org.uk/physical-education/wp-content/uploads/Premium-FAQ-Final.pdf

Swim England
https://www.swimming.org/schools/

Youth Sport Trust
https://www.youthsporttrust.org/PE-sport-premium

Good practice examples
https://www.activenotts.org.uk/uploads/primary-pe-and-sport-premium-good-practice-examples.pdf

Active Partnerships
http://www.activepartnerships.org/active-partnerships

DfE – Teacher Blog
https://teaching.blog.gov.uk/category/pe-and-sport-premium/

Public Health England
https://www.gov.uk/government/publications/what-works-in-schools-to-increase-physical-activity-briefing

School Games website
https://www.yourschoolgames.com/

PE and Sport Premium Survey Research Report
https://www.gov.uk/government/publications/primary-pe-and-sport-premium-survey

School Sport and Activity Action Plan

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/848082/School_sport_and_activity_action_plan.pdf

Chief Medical Officer guidance
https://www.gov.uk/government/publications/physical-activity-guidelines-uk-chief-medical-officers-report